



# MSc / PG Dip in Personalised Nutrition

This innovative programme started in January 2012 and has attracted considerable global interest from many health professionals including doctors, pharmacists, nurses, psychologists, practicing nutritionists and nutritional and complementary therapists. Non-bioscience degree qualified applicants with science degrees are also registering for this course. If you think you might be eligible for this course based on your prior qualifications then please contact us.

## Course Overview

The MSc / PG Dip in Personalised Nutrition, validated by Middlesex University, aims to deliver an intellectually stimulating and rigorous advanced programme of study that directly supports the development of an evidence base for a personalised nutrition approach to healthcare, as well as promoting lifelong learning and career opportunities for graduates of this course. This course draws on the principles of functional medicine and psycho-neuro-immunology as well as research methods needed to support an evidence base for personalised nutrition.

## Course Length & Study Options

- MSc: 1 year full-time; 1.5-3 years part-time (distance learning or distance learning with optional attendance)
- PG Dip: 10 months full-time; 2 years part-time (distance learning or distance learning with optional attendance)

## Course Outline

- MSc students take 4 x 30 credit modules + the Research Dissertation (total: 180 credits)
- Postgraduate Diploma (PG Dip) students take 4 x 30 credit modules (total: 120 credits)
- Students that complete 60 credits from either the MSc or PG Dip are eligible for a Postgraduate Certificate (PG Cert) as an Exit award

Module	Credits	MSc (180 credits)	PG Dip (120 credits)	PG Cert (60 credits)
Evidence Based Personalised Healthcare	30	M	M	
Research Dissertation	60	M		
Personalised Nutrition Requirements	30	NN	NN	NN
Personalised Nutrition & Chronic Illness	30	NN, P	NN, P	
Personalised Nutrition & Longevity	30	NN, P	NN, P	
Personalised Sports Nutrition	30			

**M:** Mandatory

**NN:** Mandatory module for those without a nutrition background/prior nutrition qualification

**P:** Mandatory for those who are taking the MSc or PG Dip in combination with the CNELM Nutritional Therapy Practice Diploma as an accredited route to practice.

NB those who wish to qualify as a nutritional therapist will need to take the CNELM Nutritional Therapy Practice Diploma in combination with the MSc or PG Dip in Personalised Nutrition (full details in the Prospectus downloadable from [www.cnelm.co.uk](http://www.cnelm.co.uk)).

## Entry Requirements

- A first science degree is the primary entrance requirement, though applicants with other degree or professional qualifications will be considered on an individual application basis.
- All applicants must demonstrate appropriate and underpinning knowledge of chemistry, human biology, physiology and biochemistry. Depending on your unique education background you might be advised to take some or all of the postgraduate Bioscience Entry Course modules.
- Proficiency in English Language IELTS 6.5 or TOEFL equivalent
- Basic computer skills including word processing, internet browsing and use of email

## COURSE FEES 2019 & 2020

### MSc

Option	Study Format	Total Tuition Fees	Payment Method and Breakdown
<b>A</b>	Full-time (1 year)	<b>£8,312</b>	Payable as £1,400 prior to the start of the course and each subsequent year (1x). Then monthly fees of £576 per month over 12 months
<b>B</b>	Part-time (2 years)	<b>£9,712</b>	Payable as £1,400 prior to the start of the course and each subsequent year (2x). Then monthly fees of £288 per month over 24 months
<b>C</b>	Part-time (3 years)	<b>£11,112</b>	Payable as £1,400 prior to the start of the course and each subsequent year (3x). Then monthly fees of £192 per month over 36 months

### PG Dip

Option	Study Format	Total Tuition Fees	Payment Method and Breakdown
<b>A</b>	Full-time (1 year)	<b>£6,008</b>	Payable as £1,400 prior to the start of the course and each subsequent year (1x). Then monthly fees of £384 per month over 12 months
<b>B</b>	Part-time (2 years)	<b>£7,408</b>	Payable as £1,400 prior to the start of the course and each subsequent year (2x). Then monthly fees of £192 per month over 24 months

**Please Note: The MSc and PG Dip Personalised Nutrition programme was successfully revalidated by Middlesex University in July 2018 for a further 6 years.**

## Why CNELM?

CNELM has been teaching validated nutrition degree courses since 2003 and accredited postgraduate nutrition courses since 2006. We are at the forefront of new developments in personalised nutrition education and e-learning and we are committed to the development of evidence-based nutritional research. All of our nutrition courses are taught from the Systems Biology approach inclusive of functional medicine and other emerging healthcare paradigms.

For further content and financial details download the full Prospectus from:

[cnelm.co.uk](http://cnelm.co.uk)

**Contact:** Centre for Nutrition Education & Lifestyle Management (CNELM)  
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