

t: 0118 979 8686  
f: 0118 979 8786  
e: info@cnelm.co.uk

Centre for Nutrition Education & Lifestyle Management  
Chapel Garden,  
14 Rectory Road,  
Wokingham,  
Berkshire  
RG40 1DH



## RE: DIETARY EDUCATION AND NUTRITION CONSULTATION

Thank you for your interest in the CNELM Student Clinic. We would like to add you to the register of volunteers for student consultations. To ensure we allocate you to the appropriate student please provide us with the following information:-

Title:	First Name:	Surname:	
Email Address:			
Telephone Number:			
Do you have a diagnosed health condition?	Yes	No	
If so, please provide brief details.			
Are you currently taking any prescribed medications	Yes	No	
If so, please provide further details.			
Do you require any specialised information or support?			
How did you hear of the CNELM Student clinic? (If through a student please could you give us the student name)			
Preferred consultation times (delete as appropriate) daytime / late afternoon / evening / weekend / other (please state)			

It is our Policy that students do not work with family members, close friends and work colleagues. If you were recommended to the clinic by one of our students please provide the name of the student in the box above (How did you hear of the CNELM Student clinic). We can then ensure you are allocated to another student.

Once we have this information you will be added to a register of volunteers and you can expect to be contacted by a supervisor or student in the near future. Please be assured that your personal data will remain confidential and will be stored in electronic form in a password encrypted file.

All student consultations are supervised by a fully qualified nutritional therapist who is a member of the professional body BANT (British Association for Applied Nutrition and Nutritional Therapy) and is registered with the CNHC (Complementary and Natural Health Care Council) voluntary register. Our supervisors hold a current enhanced CRB (Criminal Records Bureau) certificate or are in the process of obtaining a CRB certificate. As supervisors we are committed to providing quality of care for our clients.

The initial consultation usually lasts two hours although this will be confirmed at the time of booking. You will then be required to attend a follow-up session around two months later. The follow-up session is one hour long. Prior to the initial consultation you will be asked to complete a health questionnaire and return it around 10 days before so that the student/s can prepare. The consultations are free of charge. You may be recommended laboratory testing or food supplements which you would need to pay for yourself but these are not obligatory and entirely optional.

**Please return this form directly to Janet Lakin at the email below or postal address above.**

Thank you for your interest in participating in our student clinic helping our students to achieve a high level of clinical competency to support their future practice.

Yours sincerely,

Janet Lakin  
Clinic Manager  
Centre for Nutrition Education and Lifestyle Management  
Email: [janet@cnelm.co.uk](mailto:janet@cnelm.co.uk)