



# Nutrition Coach Diploma

The Nutrition Coach Diploma (NCD) is a CNELM Award aimed at those wanting to become a Nutrition Coach and focuses on working with people to improve their health through making positive diet and lifestyle changes. As a Nutrition Coach you will also be eligible to practice as a Dietary Educator.

## Course Outline

The modules outlined below that make up the Nutrition Coach Diploma provide a robust nutritional science and nutrition education platform with which to develop a successful business as a Nutrition Coach. The dedicated coaching modules NLP Practitioner and Why Weight should provide you with powerful skills to help individuals make healthy and sustainable changes to their diet and lifestyle. The module Why Weight Practitioner focuses on the acquisition of key coaching skills to help individuals who are overweight at a much deeper level.

NB: This qualification does not enable nutritional therapy practice. However, you can apply to extend studies following completion of this course to register for one of our routes to practice that is accredited by the Nutritional Therapy Education Commission (NTEC).

Academic Modules	Practice Development 1	Practice Development 2
Nutritional Biochemistry	NLP Practitioner Certificate (17 day course)	Why Weight Practitioner* 5 day course
Applied Physiology	Nutrition Enterprise	
Thinking Critically		
Public Health Nutrition		
Dietary Education		

\* Indicates mandatory attendance. All other modules can be accessed online.

Some modules of the NCD have the same titles as modules on level 4 of the BSc (Hons) Nutritional Science programme and the CNELM Nutritional Therapy Practice Diploma (NTPD). Assessments are similar to students taking these modules on these programmes.

## Entry Requirements

- 'A' levels A-C or equivalent in Human Biology & Chemistry (or similar subjects), **OR** CNELM's Bioscience Entry modules: Chemistry & Human Biology
- GCSE in Mathematics, or equivalent, **OR** CNELM's Maths Foundation module
- GCSE in English language OR IELTS 6.0 or TOEFL equivalent if English is not your first language
- Basic computer skills including word processing, internet browsing and use of email.

## Course Length & Study Options

- 18-20 months full-time
- 2-4 years part-time
- Applicants living at a distance or overseas can request to take the NLP Practitioner course locally, subject to meeting the requirements of CNELM's Coaching Team. Students taking this option must complete our assessments for the module and are charged half the module fee. **NB: Why Weight Practitioner can only be attended at CNELM.**

## Qualification

- CNELM Nutrition Coach Diploma
- Dietary Educator (*following successful completion of Level 4 modules and assessments*)
- NLP Practitioner Certificate (*subject to successful verification*)

## Accreditations & Professional Associations

- Accredited by the Federation of Holistic Therapists (FHT) (Dietary Educator Certificate DEC) enabling successful graduates within the UK to apply to register with the FHT
- Graduates of the Nutrition Coach Diploma (NCD) irrespective of location can apply to register with the ANLP (Association for NeuroLinguistic Programming)
- UK Graduates of the DEC and the NCD can apply for insurance to practice through Balens Ltd; registration with professional associations is at the discretion of the association and not CNELM.



## COURSE FEES 2016 & 2017

Course	Total Tuition Fees	Payment Method and Breakdown
Nutrition Coach Diploma	<b>£9,370</b>	Payable as £960 prior to the start of each academic year (2x). Then monthly fees of £372.50 per month over 20 months (full-time)  * Part-time payment schedules agreed individually

## Why CNELM?

CNELM is committed to the process of professional accreditation for short courses and degree validation for full undergraduate and postgraduate courses. We have been teaching validated nutrition degree courses since 2003. We are at the forefront of new developments in personalised nutrition education and e-learning and we are committed to the development of evidence-based nutritional research. All of our nutrition courses are taught from the Systems Biology approach inclusive of functional medicine and other emerging healthcare paradigms.



For further content and financial details download the full Prospectus from:

[cnelm.co.uk](http://cnelm.co.uk)

**Contact:** Centre for Nutrition Education & Lifestyle Management (CNELM)  
Chapel Garden, 14, Rectory Road, Wokingham, Berkshire, RG40 1DH, UK  
**t:** +44(0)1189 798686 **f:** +44(0)1189 798786 **e:** [info@cnelm.co.uk](mailto:info@cnelm.co.uk) **w:** [cnelm.co.uk](http://cnelm.co.uk)

 [twitter.com/cnelm1](https://twitter.com/cnelm1)

 [facebook.com/CNELM](https://facebook.com/CNELM)

  
CNELM  
Centre for Nutrition  
Education & Lifestyle  
Management